



Your procedure

How long have you thought about having this procedure

Why do you want to have this procedure now

What do you expect from having the procedure

Do you know anyone who has had this procedure and if so – what was their experience with it

What have you read about it online



Your surgeon

- Should be a fully qualified specialist plastic surgeon
- Has FRACS and membership of the Australian Society of Plastic Surgeons and/or Australasian Society of Aesthetic Plastic Surgery – the only government recognized body for expertise and training plastic surgery.

In Australia, many doctors who call themselves “cosmetic surgeons” are not plastic surgeons or even qualified and trained in surgery. Our doctors at OCF are fully qualified and have spent at least 8-10 years training in surgery after graduating from medical school. The FRACS is your guarantee of standards and safety. We recommend you check credentials. Don’t be fooled by organisations and/or “degrees” that are not recognized as legitimate by our medical regulators.

- Will go through your full medical and surgical history
- Has experience in this procedure and performs it regularly
- Operates in fully licensed facilities

Your consultation

- Will be with the surgeon performing the procedure (not a nurse or sales person)
- Will provide clear information on risks and benefits of the procedure
- Will not pressure you into making a decision to proceed with surgery – remember no cosmetic procedure is essential and giving you time and space to make your decision is important
- Will give you informed financial consent by providing you with a written estimate of all costs associated with the procedure either on the day or within a week of your consultation



Questions to ask

Do you think that I will benefit from having this procedure

What is the recovery time

How long will I be away from work / daily activities

What follow up will I need after the procedure

What happens if there is a complication / What associated costs are there

How long can I expect my result to last

What revisional procedures may be required and what are associated costs

Is there a benefit from having private health cover

Other questions you have thought of

Notes